
Peralta Community College District




**COLLEGE OF ALAMEDA
DEPARTMENT OF KINESIOLOGY**

Annual Program Update

Final Version: October 19, 2017

Amended by COA College Council: **DATE**



Introduction and Directions

The Peralta Community College District has an institutional effective process which consists of the following components: a District-wide Strategic Plan which is updated every six years; Comprehensive Program Reviews which are completed every three years; and Annual Program Updates (APUs) which are completed in non-program review years. While there are individualized Program Review Handbooks for Instructional units, Counseling, CTE, Library Services, Student Services, Administrative units, and District Service Centers, there is one Annual Program Update template for use by everyone at the colleges which is completed in the Fall semester of non-program review years.

The Annual Program Update is intended to primarily focus upon planning and institutional effectiveness by requesting that everyone report upon the progress they are making in attaining the goals (outcomes) and program improvement objectives described in the most recent program review document. The Annual Program Update is therefore a document which reflects continuous quality improvement. Additionally, the Annual Program Update provides a vehicle in which to identify and request additional resources that support reaching the stated goals (outcomes) and program improvement objectives in the unit's program review.

Throughout this document, the term "program" is used to refer to all of these terms: discipline, department, program, administrative unit, or unit.

The following items are required in order to complete the Annual Program Update document at the colleges:

- The most recently completed comprehensive Program Review document.
- Any comments or feedback provided during the program review validation process.
- College Goals
- Institution Set Standards (Institutional Standards that are reported annually to ACCJC)
- College Institutional Effectiveness Indicators (reported to the State Chancellor's Office annually)
- College SSSP plan
- College Equity Plan
- College Basic Skills Plan
- PCCD Strategic Goals and Annual Institutional Objectives
- Data profiles which include but are not limited to disaggregated demographics (age, gender, ethnicity, special populations), enrollment, productivity, student success metrics (retention, completion, etc.), and comparisons of Distance Education versus face-to-face classes.

I. Program Information

Program Name: Kinesiology, Linda Thompson, Chairperson

Date: October 19, 2017

Program Type:

Instructional

Student Services

Administrative Unit


(circle the answer)

College and District Mission Statement:

The Mission of **College of Alameda** to serve the educational needs of its diverse community by providing comprehensive and flexible programs and resources that empower students to achieve their goals.

Peralta Community College District Mission Statement: We are a collaborative community of colleges. Together, we provide educational leadership for the East Bay, delivering programs and services that sustainably enhance the region's human, economic, environmental, and social development. We empower our students to achieve their highest aspirations. We develop leaders who create opportunities and transform lives. Together with our partners, we provide our diverse students and communities with equitable access to the educational resources, experiences, and life-long opportunities to meet and exceed their goals. In part, the Peralta Community College District provides accessible, high quality, educational programs and services to meet the following needs of our multi-cultural communities:

- Articulation agreements with a broad array of highly respected Universities;
- Achievement of Associate Degrees of Arts and Science, and certificates of achievement;
- Acquisition of career-technical skills that are compatible with industry demand;
- Promotion of economic development and job growth;
- Foundational basic skills and continuing education;
- Lifelong learning, life skills, civic engagement, and cultural enrichment;
- Early college programs for community high school students;
- Supportive, satisfying, safe and functional work environment for faculty and staff; and
- Preparation for an environmentally sustainable future



Program Mission: The mission of the College of Alameda Department of Kinesiology is to educate the whole person by teaching the benefits of life-long physical activity, community health, wellness, and personal development. We serve a diverse population of students of all ages, ethnicity, and skill levels. We also offer sport and fitness skill development classes to our student population (women’s volleyball and men’s basketball) which are supported through a wide range of theory, conditioning and training courses. The main focus of the courses offered in the Department of Kinesiology are fitness and skill development, life, team and social skill building, recreation, stress relief, and education in living healthy lifestyle.

Date of Last Comprehensive Program Review: October 19, 2016

Date of Comprehensive Program Review Validation: Unknown

II. Reporting Progress on Attainment of Program Goals or Administrative Unit Outcomes

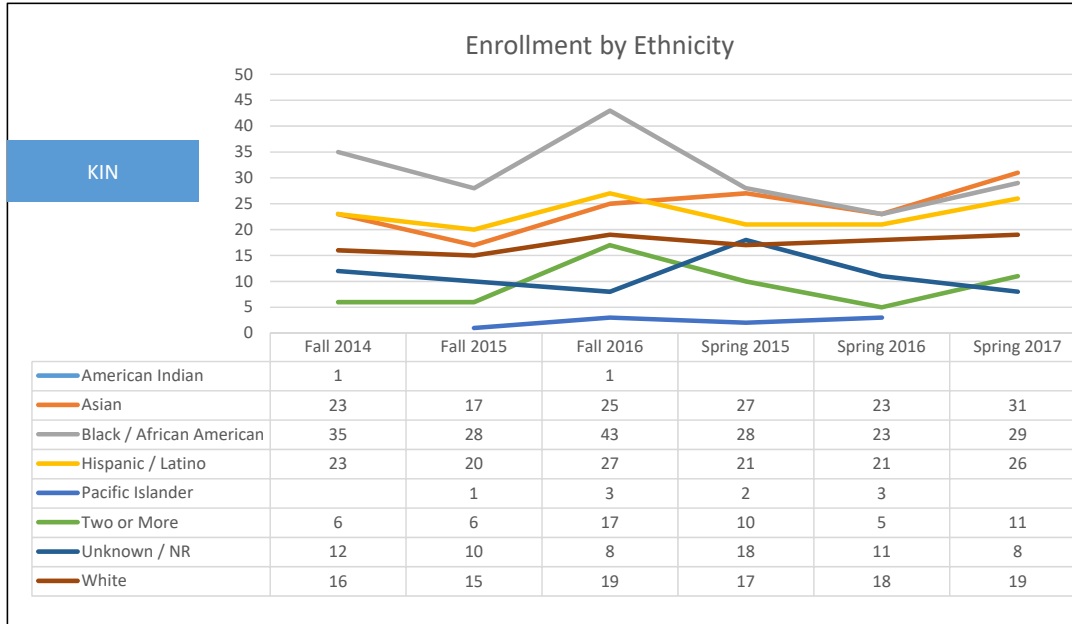
Program Goal or Administrative Unit Outcome (AUO) (As reported in the most recent program review; cut and paste the goal or AUO from the program review document)	Which institutional goals will be advanced upon completion? (circle all that apply)	Progress on goal or AUO attainment (choose one)	Explanation and Comments (If a goal or AUO is revised, please explain and describe the revision. Describe the impediments or detail what can be improved.)
Assessment Continue to assess SLOs and to refine and develop rubrics in order to better align the SLOs with the ILOs	1. PCCD Strategic Goals (list the specific goal here <u>Mission, Vision, ILS #1</u>). 2. College Goals : (list the specific goal here <u>A1, A2, A3, A4</u>).	Completed: _____ (date) Revised: _____ (date) Ongoing: _____ (date)	
Curriculum (if applicable) Development of Athletic Training Certificate of Achievement and AA-T Kinesiology degree (classroom and online).	1. PCCD Strategic Goals (list the specific goal here <u>Mission, Vision, ILS #1</u>). 2. College Goals : (list the specific goal here <u>A1, A2, A3, A4</u>).	Completed: _____ (date) Revised: _____ (date) Ongoing: _____ (date)	
Instruction (if applicable) Provide innovative instruction through the use of technology, group projects and service learning opportunities.	1. PCCD Strategic Goals (list the specific goal here <u>Mission, Vision, ILS #1</u>). 2. College Goals : (list the specific goal here <u>A1, A2, A3, A4</u>).	Completed: _____ (date) Revised: _____ (date) Ongoing: _____ (date)	

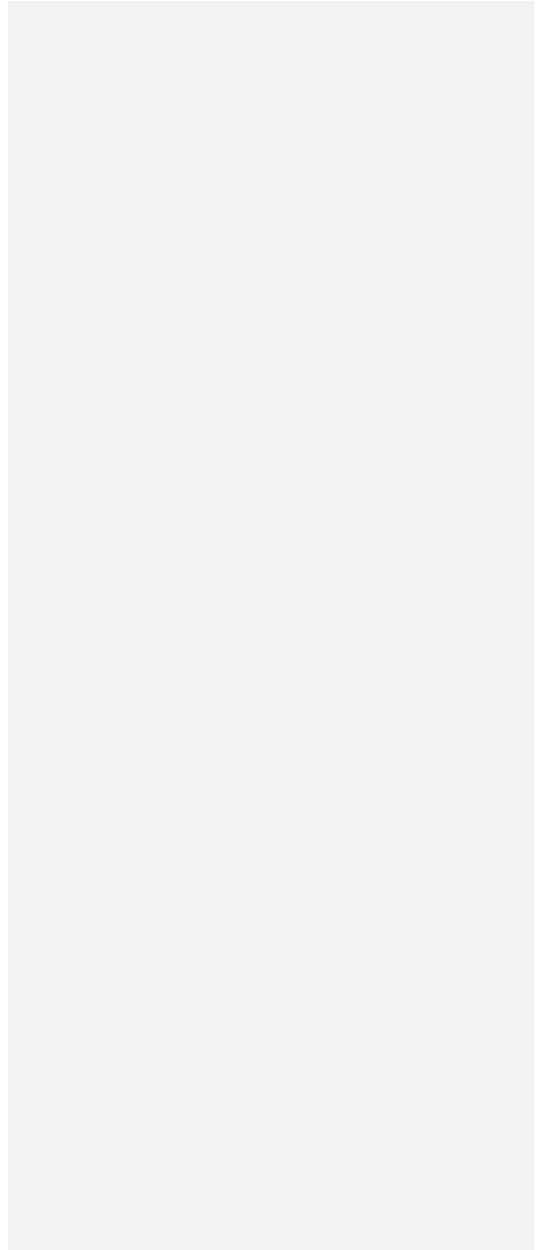
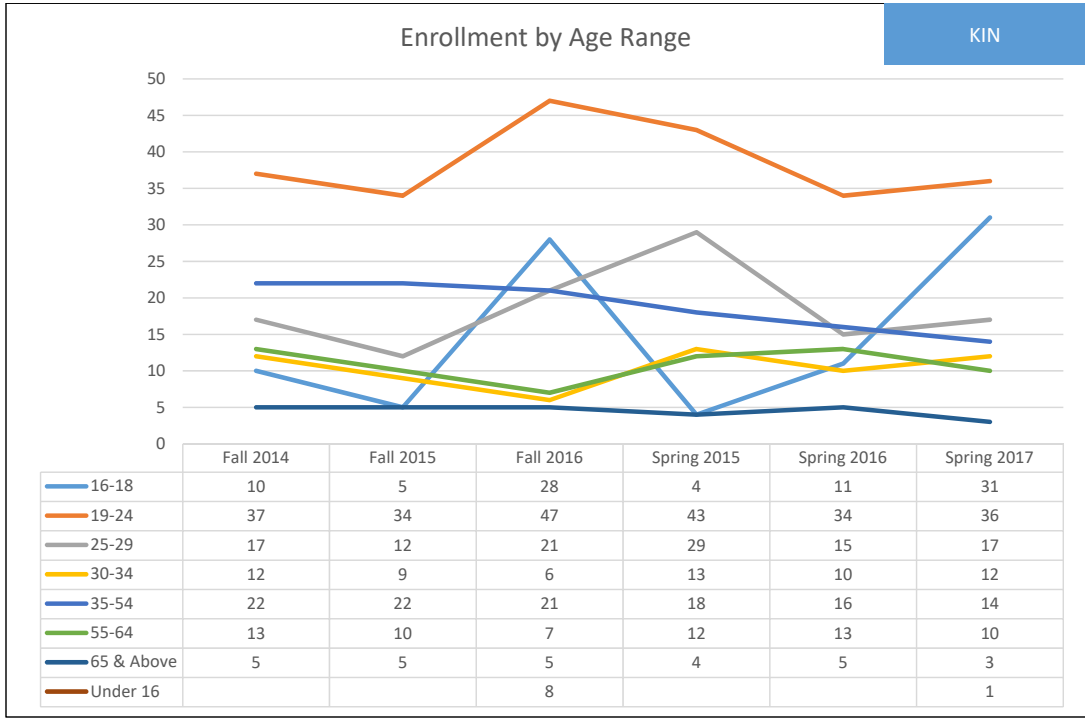
<p>Student Success and Student Equity Increase enrollment in all kinesiology lecture and physical activity courses, i.e., fitness training, aerobics, badminton, bowling, volleyball and athletic courses. Offer late start courses in kinesiology lecture and physical activity courses.</p>	<p>1. PCCD Strategic Goals (list the specific goal here ILOs 1,2,5).</p> <p>2. College Goals: (list the specific goal here A2, A3, C2).</p>	<p>Completed: _____ (date)</p> <p>Revised: _____ (date)</p> <p>Ongoing: _____ (date)</p>	
<p>Professional Development, Institutional and Professional Engagement, and Partnerships Kinesiology department participation in the Early Alert Pilot program in order to proactively identify students who are most at risk of failing.</p>	<p>1. PCCD Strategic Goals (list the specific goal here ILOs 1,2,3).</p> <p>2. College Goals: (list the specific goal here C1, C2, D1, D2).</p>	<p>Completed: _____ (date)</p> <p>Revised: _____ (date)</p> <p>Ongoing: _____ (date)</p>	
<p>Other Program Improvement Objectives or Administrative Unit Outcomes Hire 1-2 full-time faculty with a focus on program development and 1-2 part-time faculty with a focus on fitness training</p>	<p>1. PCCD Strategic Goals (list the specific goal here ILOs 1,2,3).</p> <p>2. College Goals: (list the specific goal here C1, C2, D1, D2).</p>	<p>Completed: _____ (date)</p> <p>Revised: _____ (date)</p> <p>Ongoing: _____ (date)</p>	
<p>Other Program Improvement Objectives or Administrative Unit Outcomes Hire 1-2 part-time administrative staff with a focus on faculty and student assistance</p>	<p>1. PCCD Strategic Goals (list the specific goal here ILOs 1,2,3).</p> <p>2. College Goals: (list the specific goal here C1, C2, D1, D2).</p>	<p>Completed: _____ (date)</p> <p>Revised: _____ (date)</p> <p>Ongoing: _____ (date)</p>	

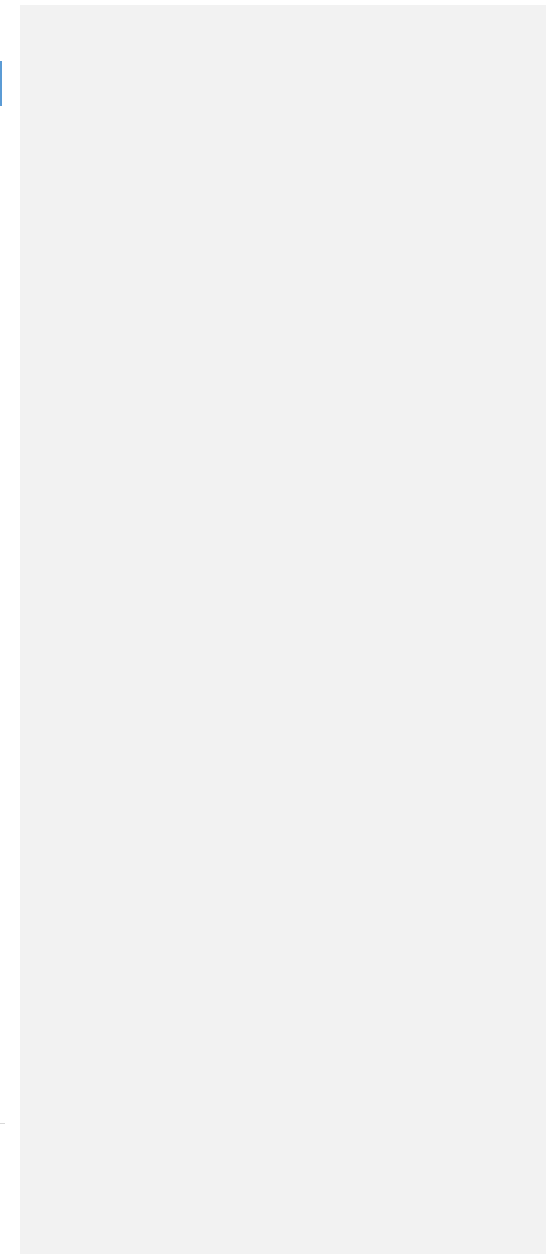
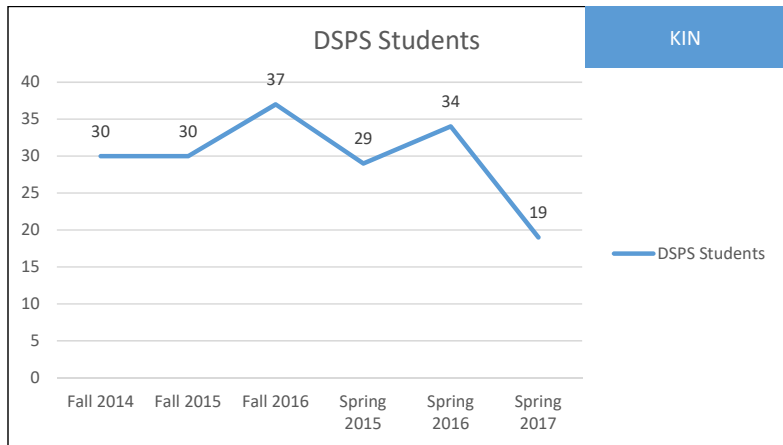
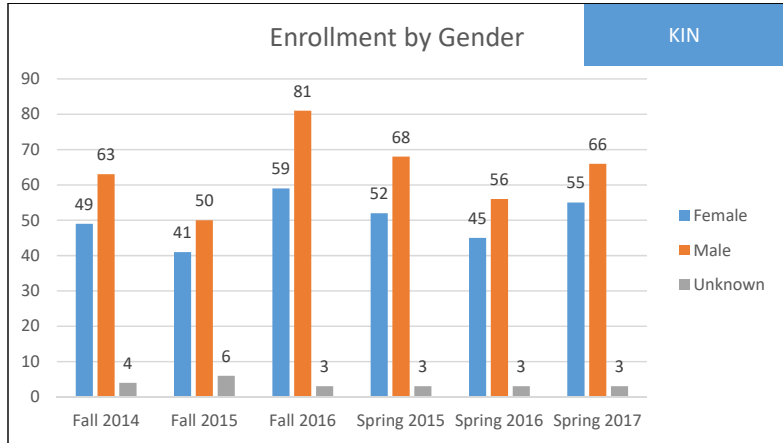
III. Data Trend Analysis

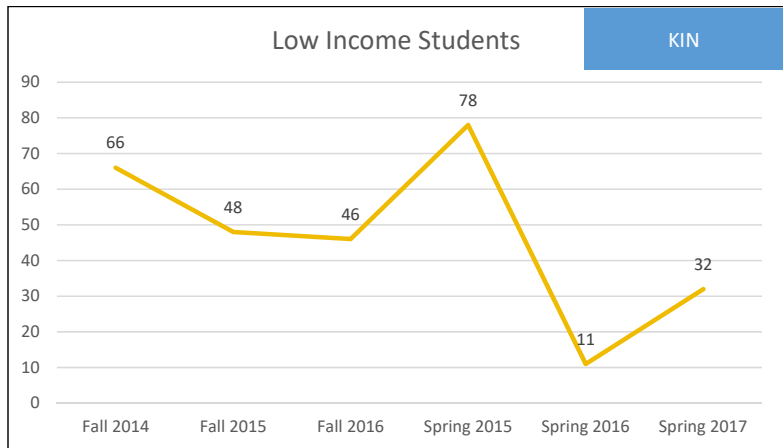
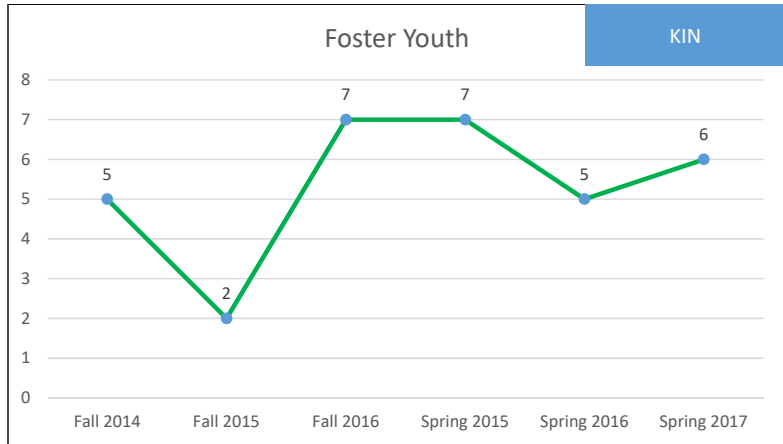
Please review and reflect upon the data for your program. Data is available via the hyperlinks below, on the COA Program Review page, as well as on your program’s individual Program Review/APU webpage (accessible [here](#)) under Program Information. Then describe any significant changes in the following items and discuss what the changes mean to your program. Focus upon the most recent year and/or the years since your last comprehensive program review.

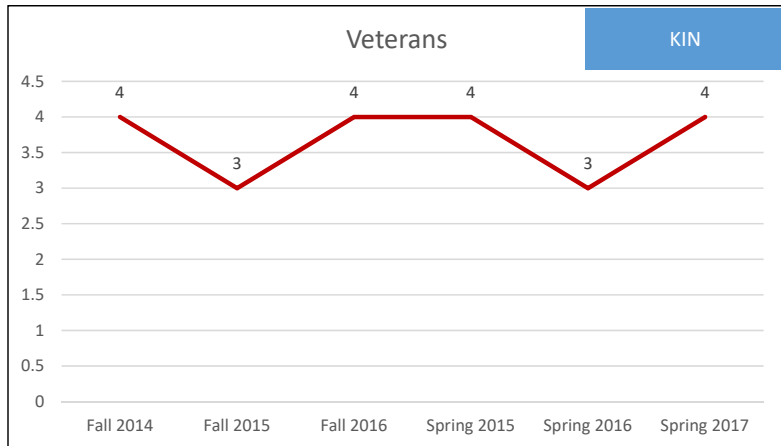
A. Student Demographics (age, gender, ethnicity, special populations). **Comments about changes: All trends are normal.**











B. **Enrollment** (sections, course enrollment, [productivity](#), # of student contacts, etc). **Comments about changes:**

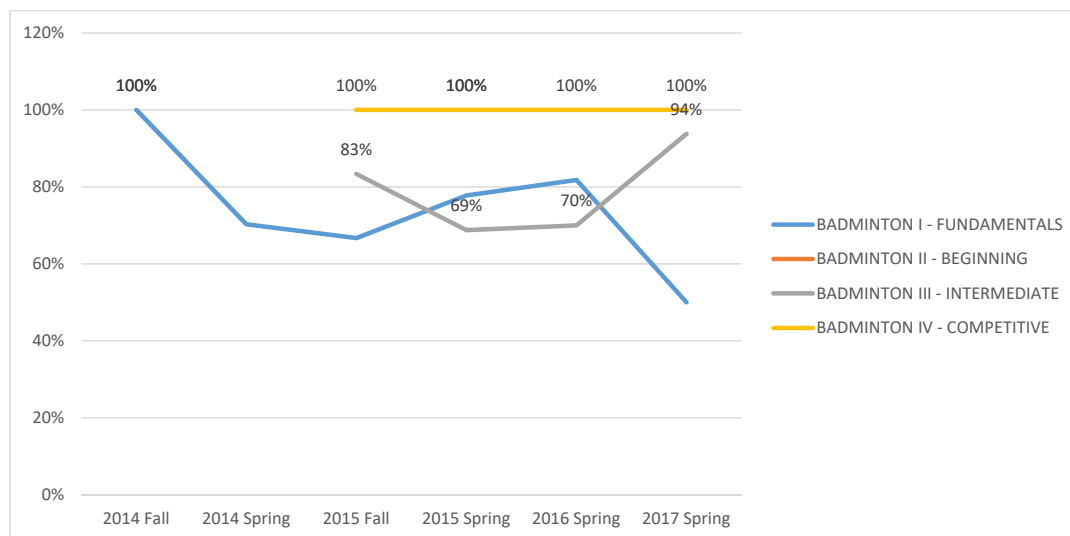
Commented [LT1]: Karen will give me new data for number of sections and course level enrollment.

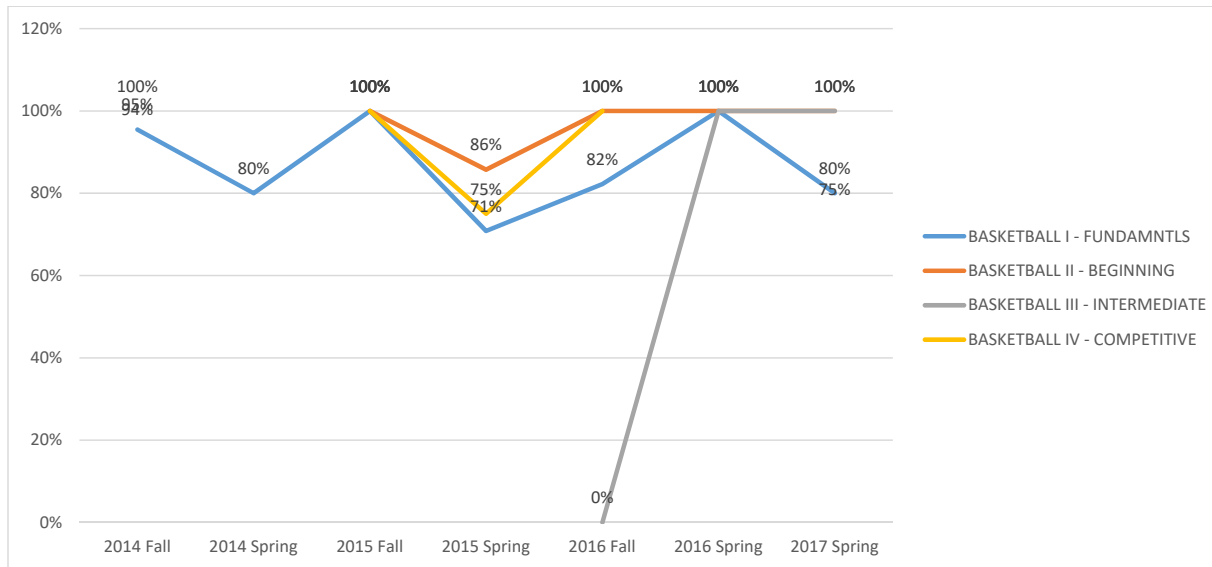
Productivity by DE Course/Instructor	Mode of Instruction		Grand Total
	Face to Face	#N/A	
AEROBICS		18.12	18.12
Thompson,L		18.12	18.12
BADMINTON I - FUNDAMENTALS		16.50	16.50
Altenbach,S		16.50	16.50
BASKETBALL I - FUNDAMNTLS		15.84	15.84
Bishop,R		15.84	15.84
BOWLING I - FUNDAMENTALS		16.60	16.60
Altenbach,S		16.60	16.60
CARE AND PREVENTION		12.35	12.35

Nakahara,S	12.35		12.35
CIRCUIT TRAINING III			
Altenbach,S			
CROSS FITNESS I	4.92		4.92
Altenbach,S	4.92		4.92
Bishop,R			
FITNESS/STRENGTH TRAINING I	4.57	0.00	3.91
Altenbach,S	4.89		4.89
Bishop,R	3.34	0.00	2.23
Jong,J	6.05		6.05
INTRO TO KINESIOLOGY	10.58		10.58
Altenbach,S	4.46		4.46
Bishop,R	15.33		15.33
Jong,J	10.50		10.50
Thompson,L	9.61		9.61
SPORTS TRAINING I	8.05		8.05
Bishop,R	9.80		9.80
Thompson,L	5.43		5.43
VOLLEYBALL I - FUNDAMENTALS	13.75		13.75
Thompson,L	13.75		13.75
Grand Total	12.25	0.00	12.01

C. Student Success ([retention](#) and [completion](#) rates, # of student contacts, etc.). **Comments about changes:**

The retention rates of the Department of Kinesiology shows stability, however, enrollment is expected to increase with the additional sections added. Despite FT faculty, kinesiology courses continued to be on the rise due to stable hours in the fitness center and section additions. (SEE ATTACHMENT)





D. Student Success in Distance Education/Hybrid classes versus face-to-face classes (if applicable). Comments about changes:
Not applicable.

E. Other program specific data or unplanned events that reflect significant change in the program.
Not applicable.

IV. Equity

- Please review the [student success data](#) for your program and comment upon it. Do performance gaps exist in the student success or achievement rates for disproportionately impacted students, including African-American, Hispanic/Latino, Filipinos/Pacific Islanders, foster youth, veterans, students with disabilities or other groups not listed here? If differences exist, please detail the differences and describe the activities your program is making to address the differences? How will your program evaluate the effectiveness of these activities?

Despite the continuous occupational rise in kinesiology fields, our Department of Kinesiology has no FTEs which is primarily responsible for the enrollment fluctuation over the past few years. We have over 30 approved kinesiology courses, although some sections were not offered. However, in fall 2017, four kinesiology sections were added (badminton, sports training, and volleyball). Therefore, we should see an increase in enrollment in the upcoming semester.

- Please review the SSSP plan, Equity plan, and Basic Skills plans at your college – these plans are available online [here](#) under Program Planning & Assessment. How does your program address or participate in the information and activities presented in these plans? Are there resources available in these plans that can be utilized by your program or the students accessing your program?

During the 2015-2016 academic year, under the SSSP plan the Kinesiology Department Chair volunteered to participate in the Early Alert pilot program during In the. The Early Alert Pilot Project (EA) required participating instructors to actively collaborate with the Counseling Department to monitor students and identify those who may be struggling in a course. The Department of Kinesiology is not aware of a start date and instructions participation in the program.

The Department of Kinesiology's participation in the Equity plan includes the recognition that the College of Alameda plays a crucial role in making the completion of a higher education degree possible for our students. The Department Kinesiology values diversity through our commitment to high quality educational programs and services for every student in our program and continues to advocate for the continued enrollment of persons with disabilities and veterans.

V. Curriculum and Assessment Status

- What curricular, pedagogical or other changes has your department made since the most recent program review?



Since the most recent program review, the Department of Kinesiology has instituted more rubrics to better and more consistently assess student learning outcomes (SLOs). Also, the Department of Kinesiology has improved use of the data in the BI Tool and in Taskstream to make departmental decisions negatively affecting SLOs.

- Were these changes based on assessment of student learning outcomes at the course or program level? Please identify the assessment. If s. If assessment was not used, describe the basis for the change. For example, Title 5 requirements, certifications requirements, etc.

Yes, the pedagogical changes made in the Department of Kinesiology were made due to assessment of SLOs.

Attach a summary depicting the program's progress on assessment of course and program level outcomes (SLOs and PLOs). Please evaluate your program's progress on assessment. What are the plans for further assessments in the upcoming academic year? Please include a timeline and/or assessment plan for the future.

See attached.

- What does your program do to ensure that meaningful dialogue takes place in both shaping and assessing course and program level outcomes? Where can one find the evidence of the dialogue?

The Department of Kinesiology hold monthly department meetings to ensure consistency in shaping and addressing program level outcomes. The department's meeting agenda and discussion notes can be found on the Department of Kinesiology Outlook page where the Division II dean and all kinesiology faculty has access. As well as, a binder copy of agendas and discussions can be located in the current department chair's office.

- Describe your plans for improvement projects based upon the assessment results. Attach evidence (the assessment report from TaskStream, departmental meeting notes, or the assessment spreadsheet showing these results).

See attached.

VI. Additional Questions

A. For CTE: (*NOT APPLICABLE TO THE DEPARTMENT OF KINESIOLOGY*)

- Please describe any recommendations resulting from advisory committee meetings that have occurred since your last program review.
- Is your discipline/department/program working with a Deputy Sector Navigator? If so, in which sector? Briefly describe your discipline/department/program's work with the Deputy Sector Navigator.
- Is your discipline/department/program currently participating in any grants? Please discuss your progress in meeting the stated goals in the grant.


B. For Counseling: (*NOT APPLICABLE TO THE DEPARTMENT OF KINESIOLOGY*)

- What has the counseling department done to improve course completion and retention rates? What is planned for the future?
- What has the counseling department done to improve SSSP counseling services? Please discuss your progress in improving SSSP counseling services.

C. For Library Services: (*NOT APPLICABLE TO THE DEPARTMENT OF KINESIOLOGY*)

- Please describe any changes in the library services, collections or instructional programs since the last program review or annual program update and fill in the information below.

	This Academic Year:	Previous Academic Year(s)	Explanation of Changes
Library Open Hours Per Week			
Library Visits (gate count)			
Other Library Usage			
Total Library Materials Expenditures			
Total Print Book Collection (titles)			
Total E-book Collection (titles)			
Total Database Subscriptions			
Total Media Collection (titles)			
Total Print Periodical Subscriptions			
General Circulation Transactions			
Reserve Circulation Transactions			
In-house circulation Transactions (optional)			
Media Circulation Transactions (optional)			
E-book Circulation Transactions- Describe – (optional)			
Other Circulations Transactions – Describe – (optional)			
Total Circulation Transactions			



D. For Student Services and/or Administrative Units: *(NOT APPLICABLE TO THE DEPARTMENT OF KINESIOLOGY)*

- Briefly describe the results of any student satisfaction surveys or college surveys that included evaluation and/or input about the effectiveness of the services provided by your unit. How has this information informed unit planning and goal setting?
- Briefly describe any changes that have impacted the work of your unit.

VII. Prior-Year Resource Utilization Self-Evaluation

Please review your total resource allocations and expenditures from the last academic year and evaluate your use of those funds. A link to the actual revenues and expenses for your program can be found on [your program's page](#) – see the Prior Year Resource Utilization Self Evaluation **Template**.

Funding Source	2016-17 Funding Allocated	2016-17 Funding Expended	Net Expended	Please describe the impact of these expenditures on your <u>Program Goals</u>	If you have quantitative evidence of the impact of these expenditures, please provide it here	Please describe the impact of these funds on your <u>students' outcomes</u>	If you were not able to utilize all of your resources last year, please explain	With which of the College's 10 college goals do these expenditures best align? (See tab below)
General Fund								
Instructional Equipment								
Instructional Supplies								
Fund 10								
Measure A								
Strong Workforce								
Perkins								
Equity								
Basic Skills								
Work-Study								
Other								
TOTAL								

VIII. New Resource Needs Not Covered by Current Budget

Human Resources: If you are requesting new or additional positions, in any job classification, please explain how new positions will contribute to increased student success.

Human Resource Request(s)	Already Requested in Recent Program Review?	Program Goal (cut and paste from program review)	Connected to Assessment Results and Plans?	Contribution to Student Success	Alignment with College Goal (list the goal)	Alignment with PCCD Goal (A, B, C, D, or E) (list the goal)
Professional development for kinesiology instructors.	No	Utilize new technologies to deliver state of the art courses	Yes	Yes		A, C, D
		Keep abreast of knowledge in the field of Kinesiology	Yes	Yes		

Technology and Equipment: How will the new technology or equipment contribute to student success?

Technology and Equipment Request(s)	Already Requested in Recent Program Review?	Program Goal (cut and paste from program review)	Connected to Assessment Results and Plans?	Contribution to Student Success	Alignment with College Goal (list the goal)	Alignment with PCCD Goal (A, B, C, D, or E) (list the goal)
-New Computers or Laptops for instructors -New Printer for office -New digital scoreboard for gymnasium	Yes	The goal of the Department of Kinesiology is to provide a safe and well-rounded program promoting the knowledge and experience of physical activity and excel in athletics.	In the Taskstream assessment and findings for 2015,2016. All kinesiology courses require a safe facility and adequate equipment to successfully reach stated goals.	Increase open hours in the fitness center to insure all students are able to utilize the fitness center.	"Build programs of distinction." Exhibit aesthetic reflection to promote, participate, and contribute to human development, expression, creativity and curiosity.	Aligns with PCCD Goals A and C.

Facilities: Has facilities maintenance and repair affected your program in the past year? How will this facilities request contribute to student success? **YES**

Facilities Resource Request(s)	Already Requested in Recent Program Review?	Program Goal (from program review)	Connected to Assessment Results and Plans?	Contribution to Student Success	Alignment with College Goal (list the goal)	Alignment with PCCD Goal (A, B, C, D, or E) (list the goal)
1. Redo gym floor from water damage during rainy season 2. Add heavy duty mats on floors in fitness center 3. Better signage outside of gymnasium and classrooms 4. Security camera needed by G building stairwell 5. Handicap street parking on Campus Road at Gymnasium entrance.	No	Department of Kinesiology is to provide a safe and well-rounded program promoting the knowledge and experience of physical activity and excel in athletics.	In the Taskstream assessment and findings for 2015,2016: All Kinesiology courses require a safe facility and adequate equipment to successfully reach stated goals.	This point is discussed above: "How the facilities request contributes to student success".	"Build programs of distinction." Exhibit aesthetic reflection to promote, participate, and contribute to human development, expression, creativity and curiosity.	Aligns with PCCD Goals A and C.

Professional Development or Other Requests: How will the professional development activity contribute to student success? What professional development opportunities and contributions make to the college in the future?

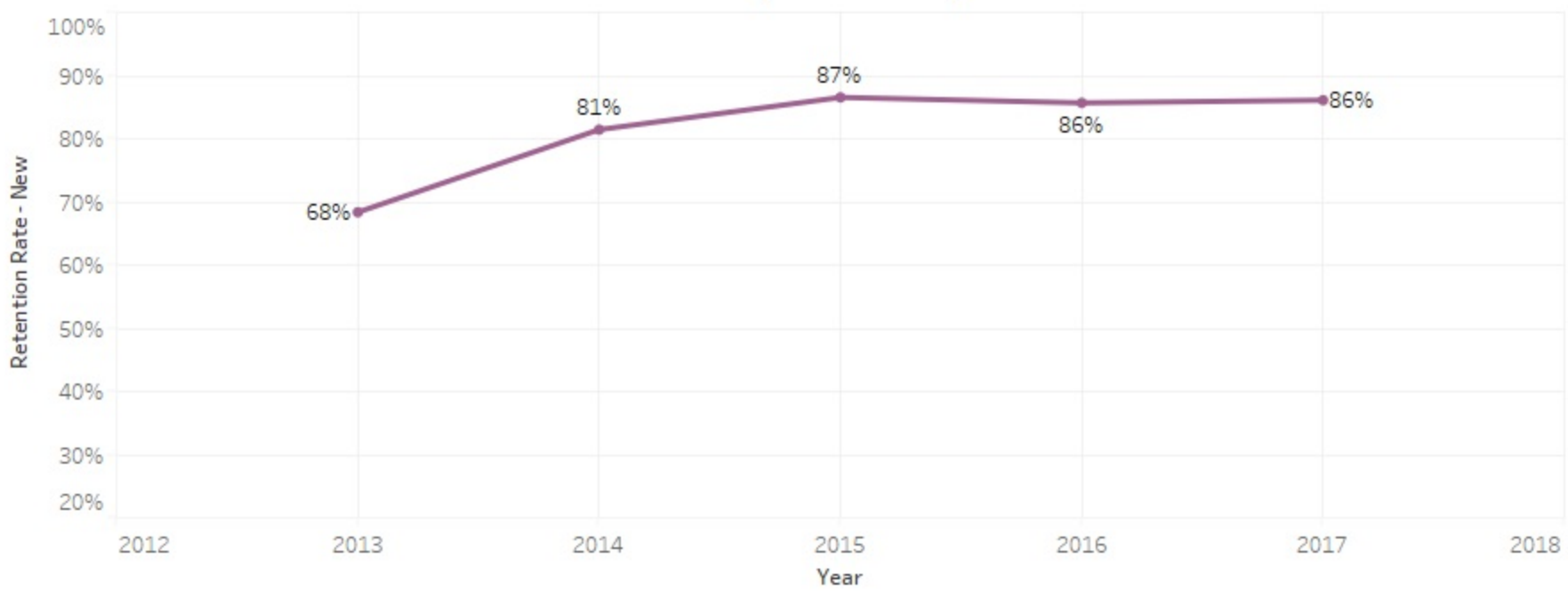
Professional Development or Other Request(s)	Already Requested in Recent Program Review?	Program Goal (from program review)	Connected to Assessment Results and Plans?	Contribution to Student Success	Alignment with College Goal (list the goal)	Alignment with PCCD Goal (A, B, C, D, or E) (list the goal)
More training on Canvas Attendance in kinesiology conferences to receive professional development opportunities	Yes, however, all adjunct faculty was not informed	Utilize new technologies to deliver state of the art courses Keep abreast of knowledge in the field of Kinesiology	Yes Yes	Yes Yes		Aligns with PCCD Goals A, C and D

Approved by the District Academic Senate, May 20, 2016

Endorsed by the Planning and Budgeting Council, May 27, 2016

Group 1	Campus College of Alameda	Department KIN	Catalog Description All	Catalog Number All	Distance Education All	
Age Range All	Gender All	Ethnicity All	Dsps All	Low Income All	Veteran All	Foster Youth All

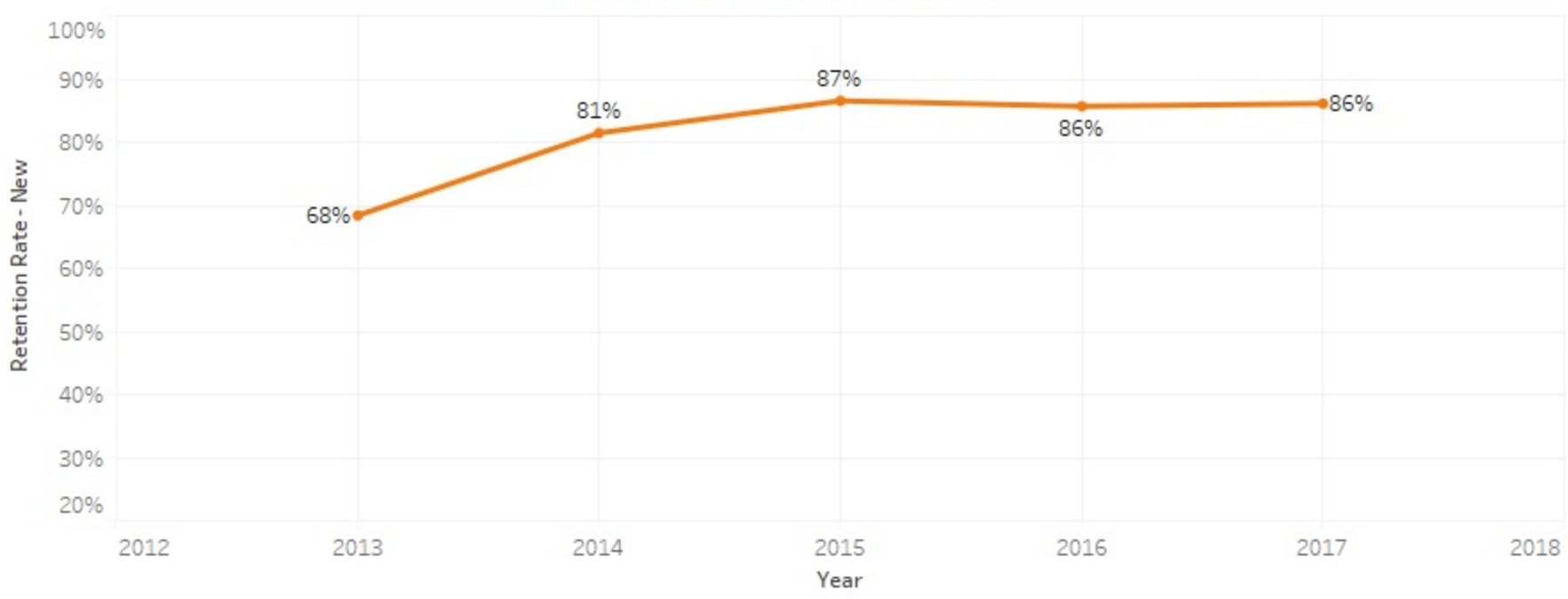
Retention Comparison - Group 1



	2013	2014	2015	2016	2017
Retention Rate - New	68%	81%	87%	86%	86%
Retention Count	160.0	505.0	502.0	473.0	248.0
Total Graded	234.0	620.0	580.0	552.0	288.0

Group 2	Campus College of Alameda	Department KIN	Catalog Description All	Catalog Number All	Distance Education All	
Age Range All	Gender All	Ethnicity All	Dsps All	Low Income All	Veteran All	Foster Youth All

Retention Comparison - Group 2



	2013	2014	2015	2016	2017
Retention Rate - New	68%	81%	87%	86%	86%
Retention Count	160.0	505.0	502.0	473.0	248.0
Total Graded	234.0	620.0	580.0	552.0	288.0